Issue 49 FALL 2015



TECHNO MIA SALON Experts in hairstyling and coloring



CATERPILLAR CORNER

CORNER Quality childcare and educational enrichment



GREAT LAKES PEDIATRIC ASSOC.

Caring for infants, children and adolescents

URTOWN AT A GLANCE >>



Reinventing real estate sales

List True Realty offers more ways to sell your home

ist True president Brian Knight wants you to know that his company is "a *lot* different" than traditional real estate firms. And that difference, Brian says, can save a seller thousands of dollars in real estate commissions—or result in a rebate of thousands for a buyer.

"We're more efficient," he says, "so we can charge less."

List True's home selling plans run the gamut from a notch above "for sale by owner" to full-service seller's agent. The plans are fully detailed side-by-side on the firm's website so sellers know exactly what services are included in each option.

Regardless which plan a seller chooses, Brian says, service is paramount—another difference he's proud of.

"We don't just list a house and then disappear for six months," he says. "We stay in constant contact; we make sure they're taken care of."

One client was so happy with List True's service they sent Brian three referrals in one month.

"I always say you should never have to *ask* for referrals," Brian said. "If you go above and beyond, go out of your way for people, they appreciate it." And, he adds, they tell their friends.

A Grand Rapids native, Brian sold real estate in Chicago before moving back to pursue his career closer to home. By then he knew he "wanted to create something different." He founded List True in Grand Rapids four years ago and opened the Delhi Township office in November 2014, where broker Dan Holcomb and six agents serve the mid-Michigan area.

"We eventually look to expand throughout the state," Brian said.

He is excited about the future and has plans for adding even more home-related services to help homeowners, buyers and sellers.

List True Realty is at 3400 Pine Tree Road, Suite 105, 517.283.6200, www.listtrue.com.



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Glow Green! (Or Blue!) Weekend of the MSU v. U of M football game: October 16, 17 & 18

Nothing brings out the colors like the MSU-UM football showdown. On rivalry weekend, let's make Holt GLOW GREEN!

Township residents and businesses are encouraged to show their colors by placing a green (or blue, if they must!) light bulb in their porch light, front window or other outdoor lamp. Bulbs should be lighted beginning on Friday night. This is a "just for fun" community event to show our Spartan pride (or encourage a little friendly rivalry!). Let's see if we can make Holt GLOW GREEN! A limited number of free green light bulbs will be available beginning October 1 at:

Ace Hardware 1960 Cedar Street, Holt Big 10 Party Store 2005 Eifert Road, Holt

In the spirit of friendly rivalry, those insisting on displaying a blue bulb are also encouraged to do so!

"Pumpkin Town" and Halloween decorating



What: Pumpkin Town and Halloween decorating

When: Pumpkins will be placed around town in October. Decorations are encouraged beginning Oct. 1 through Oct. 31.

Summary: Residents and businesses are encouraged to show their Halloween spirit by helping to transform Holt into a "pumpkin town" by decorating their lawns, storefronts and homes.

Details: To help set the stage, pumpkins will be placed in the "cauldrons" (planters) along Cedar Street. Businesses are encouraged to add additional decorations or create jack o' lanterns (no open flame, please!) for the cauldrons near their locations. If a business opts to carve a pumpkin, please wait until the week of Halloween so it does not rot. Pumpkins will also be placed around the triangle area to help set the stage!

Residents are encouraged to decorate their homes and lawns! Businesses are asked to get creative and decorate their shops, windows, building fronts and other outdoor areas for Halloween!

Caterpillar Corner Learning Center

Quality childcare, educational enrichment and support

oris Roberson, co-owner of Caterpillar Corner Learning Center, inherited a family passion for education. "Education starts early," she says. "My mother would say it starts in the womb."

Her business partner and co-owner, Santrece Roberts, shares that passion. And both bring extensive experience in working with and caring for kids. Doris is a 25-year veteran educator—20 of those years in higher education, including Michigan State University—and Santrece is just a few credits shy of earning her bachelor's degree in elementary education.

Dedicated to providing a safe and nurturing environment, Caterpillar Corner Learning Center offers individualized infant care for ages 6 weeks to 24 months, toddler and preschool programs and before-and-afterschool care. It will also provide after-school homework assistance, subject reinforcement, one-on-one tutoring, study skills and learning strategies for students through grade 12.

Doris and Santrece chose the name Caterpillar Corner because, like a caterpillar transforming into a butterfly, education is a process. And, Doris says, it's a collaborative effort. She and Santrece will work with students' families, teachers and school administrators to assess academic needs, customize action plans to increase academic performance and study skills, and support students' development.

"Students are our priority and their needs come first," Doris says. The center's goal is to assist students in developing as independent learners and maximize their potential personally, socially and academically.

Holt residents for 15 years, Doris and Santrece are "passionate and excited" about bringing the center's services to the community.

Caterpillar Corner Learning Center is at 2168 Cedar Street, Holt, 517.889.5348, www.caterpillarcornerlc.com.

Caterpillar Corner Holt Childcare & Learning Center

"Where Quality Childcare & Educational Achievement Matters"

> Infant- School-age Childcare
> Tutoring services
> K-12

NOW ENROLLING 2168 N Cedar St. Left to right: Santrece Roberts, Doris Roberson

On Patrol in **OUR**TOWN

Dispose of prescription drugs properly, help prevent abuse



Police stations have drop-off boxes for expired and unwanted prescription medicines:

Did you know there are drop-off boxes at local police stations for expired and unwanted prescription medications? There's one at the Ingham County Sheriff's Office complex in Mason, one in the lobby of the Delhi Township substation, and one at the Mason Police Department. This service is provided to the community free of charge as part of an initiative to address the significant problem of prescription drug abuse in our communities.

A huge health issue in our state

Prescription drug abuse is when someone takes a medication that was prescribed for someone else, takes their own prescription in a way not intended by a doctor—or to get high.

Prescription drug abuse has become a huge health issue in our state, not only because of the dangers involved but because it is a growing problem, especially among teens. According to the National Institute on Drug Abuse:

- After marijuana and alcohol, prescription drugs are the most commonly abused substances by Americans age 14 and older.
- Teens abuse prescription drugs for a number of reasons, such as to get high, to stop pain, or because they think it will help them with schoolwork.
- Most teens get prescription drugs they abuse from friends and relatives, sometimes without the person knowing.
- Boys and girls tend to abuse some types of prescription drugs for different reasons. For example, boys are more likely to abuse prescription stimulants to get high, while girls tend to abuse them to stay alert or to lose weight.

When prescription drugs are taken as directed, they are usually safe. It requires a trained health care clinician, such as a doctor or nurse, to determine whether the benefits of taking the medication outweigh any risks for side effects. But when abused and taken in different amounts or for different purposes than as prescribed, they affect the brain and body in ways very similar to illicit drugs.

Abusing prescription drugs is illegal

When prescription drugs are abused, they can be addictive and put the person at risk for other harmful health effects, such as overdose (especially when taken along with other drugs or alcohol). Abusing prescription drugs is also illegal—and that includes sharing prescriptions with family members or friends. Additionally, law enforcement has observed a distinct link between persons who abuse prescription drugs and heroin addiction. Many of the heroin addicts we speak with tell us they initially abused prescription medications, then began using heroin (which is cheap and readily available) when they could no longer afford the pills to support their addiction.

Keep your medications secure

The Ingham County Sheriff's Office encourages you to keep your medications in a secure container out of reach of kids and persons who might abuse them. Please take advantage of the drop boxes to dispose of your unwanted controlled medications, too—it's free and easy!

As always, if you have questions or concerns, you can reach the Delhi Officers at 517.694.0045. Suspicious persons or activities can be reported by dialing 911.

Stay safe out there.

Deputy Kelly Bowden

Great Lakes Pediatric Associates *Caring for children from birth through adolescence*



Leslie Reynolds, M.D. (right) and physician assistant April Saunders (left)

Each week, several newborns "join the family" at Great Lakes Pediatric Associates. From wellchild care, immunizations and sports physicals to treating chronic or complex health issues, the practice is dedicated to providing the highest quality primary health care to patients from birth through age 18.

Physician Leslie Reynolds, M.D., is a graduate of Michigan State University's College of Human Medicine, a board certified pediatrician and a fellow of the American Academy of Pediatrics. Both Dr. Reynolds and physician assistant April Saunders are also yoga instructors, which contributes to a more mindful approach to wellness.

Great Lakes Pediatric Associates has been selected as a Patient-Centered Medical

Home (PCMH) designated practice by Blue Cross Blue Shield of Michigan. As such, its approach is collaborative—"more of a partnership between patients and provider," explained office manager Monica Brunetti, RN, CCM, CCP.

"The patient has a voice," she said. "We are patient-centered, comprehensive and accessible." That accessibility includes evening hours to help accommodate busy families.

Great Lakes Pediatric Associates is at 3400 Pine Tree Road, Suite 102, Telephone: 887.3000, www.greatlakespeds.com.

Whispering Pines A great place to call home

You know it's a desirable apartment community when it has a waiting list.

"We're always full," says Lindsey DeForest, manager of the 104unit Whispering Pines property. "We pride ourselves on being a great place to call home."

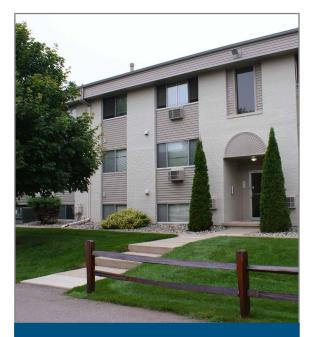
It seems the residents find it so. The average length of tenancy at Whispering Pines is four years, compared to the local average of 2.5 years. But some of their residents, Lindsey says, have lived there as long as 20 years.

Lindsey credits "fantastic property owners" who make sure everything stays well maintained. And, she adds, everyone who comes for a tour notices the peaceful environment.

"It's a good, quiet community," Lindsey says.

Tucked back off the road a bit, Whispering Pines is attractively landscaped and offers nice views. Amenities include air conditioning, dining rooms, window blinds, walk-in closets and more. The apartments are also cable ready and offer highspeed Internet access.

Whispering Pines is at 2151 North Aurelius Road, Holt, 517.833.9070



You know it's a desirable apartment community when it has a waiting list.



Techno Mia Salon moves to Holt

In a way, Mia Roberson has come full-circle.

"I started my career in Holt right out of beauty school," she said.

A graduate of the Douglas J Academy, Mia has operated her own salon on Cedar Street in Lansing for the past 15 years. Now, she's moved farther south on Cedar—and back to Holt.

The salon's name, Techno Mia, reflects Mia's and her staff's commitment to continuing education and expertise in the latest techniques in hair styling and color.

"We really enjoy doing color," she said. "It used to be that women colored their hair just to cover gray. Now, color is fun, and people do it just because they can." But even more than advanced techniques, Mia said, Techno Mia is about the people—and creating a salon with a comfortable, welcoming atmosphere. "We're one big family here," she said. "You can talk to any stylist; everyone knows everyone." Most important, she said, "Our motto is, 'It's all about you.' That's even what we say we answer the phone." Unlike some salons, Mia said, "We listen to you. We don't just go ahead and do what we want to do."

By the time you read this article, Techno Mia Salon will have celebrated its grand opening in its new location—and Mia and her team are ready to welcome you.

Techno Mia Salon is at: 2375 Cedar Street, Holt. Call 887.9850.

OURTOWN | Fall 2015



The renovations follow the very latest corporate model for stations and stores

Bigger, better and faster

Speedway re-opens after major renovation

The Jolly Road Speedway is back in action and going gangbusters after what can only be called a complete renovation.

"They knocked it to the ground and started over," said Tracy L.C. Miller, director of community development for Delhi Township.

Speedway began construction at the Jolly Road site on March 31 of this year and reopened for business July 29. The new 4,600 square foot location features 12 consumer fueling lanes, two commercial fueling lanes, a complete convenience store and Speedway's latest evolution in food—a Speedy Café.

Speedy Café is a fast casual restaurant where customers place their orders on a self-serve ordering kiosk, said Stefanie Griffith, communications manager for Marathon Petroleum Corporation. The food is freshly prepared and features paninis, subs, specialty dogs and customizable pizzas. It also offers hand-crafted beverages—lattes, mochas, smoothies and frappes—and breakfast sandwiches and sides.

The newly remodeled Speedway is at 2558 East Jolly Road, Lansing, 882.6889.

Share a link with a friend!

If you enjoy reading Our Town, chances are your friends will, too! Please pass along this link to share this issue or past issues:

http://delhidda.com/news/ delhidda-newsletters/

But wait, there's more! Holt Community Connect's Facebook page has updates on news, events and activities in the Holt/Delhi area. Visit this link to stay connected with what's happening, and share it with others too!

https://www.facebook.com/ HoltCommunityConnect





Holt Hometown Festival expands and delights

The Holt Hometown Festival committee promised that this year's festival would look very different from years past, while maintaining the traditional favorite activities.

It appears they succeeded.

Positive feedback abounds from the "biggest and best festival yet." Among the highlights: a walking tour of the old school house and "four corners;"expanded kids' activities, from a duck pond to a bicycle rodeo; music, and a corn roast at the Holt Farmers Market; and food vendors, music, art and historical exhibits at Veterans Memorial Gardens.

"One of the cool side effects was that a lot of people 'discovered' Veterans Memorial Gardens," said Marcy Bishop Kates of Holt Community Connect, which oversaw the festival. "Over and over again, I heard exclamations about how beautiful it was."

The festival was truly a community effort, with more than 30 local businesses and organizations contributing cash sponsorships, in-kind donations, merchant and vendor fees and activity sponsorships. And, of course, the dedicated volunteers who assisted at every venue.

All in all, it was a great day to come home to Holt—and to discover things you didn't know about our hometown.



Get connected with Holt Community Connect: Do you know what's happening in our community? Do you want to be more involved, learn or do something new, or volunteer your time? Contact the Holt Community Connect Volunteer Bureau or for more info: Involved@holtcommunityconnect.org or call 517.974.8944





THE DDA - WHO WE ARE AND WHAT WE DO

The Downtown Development Authority (DDA) promotes economic development through business attraction/ retention programs and works to foster investment within the DDA district. It strives to increase the township's tax base and strengthen the local economy while maintaining those qualities that make Delhi Township a desirable place to live and work. For more information, visit us at **www.DelhiDDA.com**.

To contact us: Howard Haas, Executive Director 2045 North Cedar Street, Holt, MI 48842 517.699.3866 or 517.699.3867 Howard.Haas@delhitownship.com

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